

(On cover) Sarah is eight years old. She has Cerebral Palsy and Ataxia. Sarah had a rough start in this world. At birth, she lost 2/3 of her blood volume, had no respiration or heart beat and was unresponsive for her first fifteen minutes. Miraculously, the doctors and nurses from Capital Health System's Level III NICU saved her life.

Sarah spent her first 30 days in the NICU. Each day was a test – could she breathe on her own, swallow, digest food, learn to suck. The results of each day painstakingly analyzed by her loved ones trying to get a glimpse of what the future held for Sarah. We could never have known then how amazing this journey would be with our beautiful and loving daughter.

As part of that journey, we were directed to Special Strides by Sarah's physiatrist from Children's Specialized Hospital. Dr. Armento suggested hippotherapy to help build Sarah's balance, strength and coordination. Sarah was not quite three at the time and not yet walking on her own. She cried for almost the whole first session. Everyone said it would get better and they were right. Now there are tears if we miss it! Sarah looks forward to seeing her Special Strides friends and regaling them with funny stories throughout her session. Everyone at Special Strides has been amazing. There is a genuine concern for each child. Sarah has made tremendous physical progress – going from barely able to stand on the trampoline to vigorous jump-ting! It is more than just the physical aspects though. As you spend time on the farm, you feel the warmth of the environment. It is unlike any other therapy experience – where else can you work on your core muscle strength while viewing the new born lambs!

We are thankful for everything that Special Strides has made possible for Sarah. Your donations help ensure this wonderful program will be available to help children like Sarah reach their full potential.

# Sarah's Story



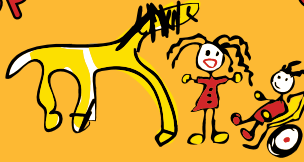
SPECIAL STRIDES  
2010 ANNUAL

# Barn Benefit Dance



YOU ARE INVITED TO JOIN US AT THE

Special Strides



# Barn Benefit Dance



Honoring **Jack Aaronson**  
Co-Chairs **Bob & Dorene McDaid**  
Benefiting **The Steven Werthan Memorial Fund**

*Saturday October 16, 2010*

**Gourmet Cocktail & Dinner Reception -7pm**  
118 Federal Road, Congress Hill Farm, Monroe, NJ

**Followed with a show stopping performance by the  
Sensational Soul Cruisers.**

This eleven man group is fronted by four soulful vocalists who pay homage to classic performers such as Earth Wind & Fire, The Temptations and Sly and the Family Stone. We hope you will join us for an unforgettable evening.



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